



DEPARTMENT *of* EDUCATION

17 September 2019

Elizabeth Jack
Executive Director Libraries Tasmania

Take the time – Australian Reading Hour

'Libraries Tasmania has so many ways for you to read this year on Australian Reading Hour on Thursday September 19 2019.

'You can borrow a new release, log in and download an eBook, eMagazine or eComic, find eStories for children, and scroll some eNews online. You can even listen to an audiobook.

'Reading has so many benefits. For children, reading has been shown to help with identity formation, setting them up for success in the future.

For adults, reading has been shown to reduce stress by 68 percent more than listening to music, going for a walk, or having a cup of tea,' said Elizabeth Jack, CEO Libraries Tasmania.

For a list of Libraries Tasmania events, please click [here](#).

For more information on Australian Reading Hour, please click [here](#).

For more information on Libraries Tasmania, please click [here](#).

PHOTO OPPORTUNITIES:

Hobart Library – 11.00 am Thursday 19 September 2019

Launceston Library – 12.30 pm Thursday 19 September 2019

Contact Libraries Tasmania

Communications and Marketing unit

T. 6165 5550

M. 0436 848 984

communications.libraries@education.tas.gov.au

or go to www.libraries.tas.gov.au